

# **2024 MINIS Concert Handbook**

Clocktower Centre 26th & 27th October 2024

STUDENTS / PARENTS

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# WELCOME TO CONCERT TIME AT MAPA!

The Annual concert is one of the biggest and most memorable days of the year for our students, teachers and families! However, it can be overwhelming–especially if it's your first time. This handbook is designed to provide you with all the information you need. A concert of this scale requires extensive preparation and organisation to ensure everything runs smoothly. We truly appreciate your support and cooperation in taking the time to read through all the information provided. Let's get started...

# All students participating in the concert must attend a DRESS REHEARSAL at the theatre for each of their classes.

With over 50 routines performing this year, we have divided classes across two separate performances to minimise the overall duration of the shows (and avoid having you seated for four hours!). Each show is expected to run for approximately 2 to 2.5 hours, including a 20-minute intermission.

Note: Please see pages 2-3 for the list of classes and concert allocations.

# **CONCERT DATES & PERFORMANCE TIMES:**

Saturday 26<sup>th</sup> October: 6:30 PM Sunday 27<sup>th</sup> October: 6:30 PM

WHERE: Clocktower Centre - 750 Mt Alexander Road, Moonee Ponds

### THEME & TITLE FOR THE CONCERT

# "Express Yourself 2024"

MAPA places a strong emphasis on creating a safe and encouraging environment for our students to express themselves as individuals while being part of a group. It is crucial from a young age that children learn to follow their own dreams, goals, and desires, becoming confident in who they are. In the classroom and on stage, students are encouraged to explore and express the many emotions and feelings we all experience through their dancing. Through their commitment and practice, students build confidence and take pride in their achievements. We hope this production will reflect these values.

### **TICKET SALES & BOOKINGS**

Tickets go on sale at 10am on **Tuesday, 8<sup>th</sup> October**. <u>CLICK HERE</u> to book.

IN PERSON	PHONE	ONLINE
Clocktower Centre (Box Office)	Phone: (03) 9243 9191	www.clocktowercentre.com.au
750 Mt Alexander Road, Moonee Ponds	1 110110. (00) 72 13 7 17 1	www.cioektowereentre.com.uu

BOX OFFICE OPENING HOURS: Monday-Friday, 9am-5pm

TICKET PRICES: ADULTS \$55.00

CONCESSION & CHLDREN \$40.00

#### **PARKING**

Parking at Clocktower Centre is available in the surrounding areas, but please be mindful of time limits, as parking conditions can change. ALDI/Kmart has an undercover car park across the road with plenty of free space, though time restrictions do apply. Here is a helpful guide to parking in the area

# **CLASSES & CONCERT ALLOCATIONS**

Please see below the breakdown of the class allocations for all classes in the school.

See pages 5-6 for Dress Rehearsal and Concert ARRIVAL and PICK-UP times.

	TINY TOTS (3-5yrs)					
CLASS TIME CLASS STYLE TEACHER  SAT 26 <sup>th</sup> OCT SUN 27 <sup>th</sup> OCT 6:30 PM 6:30 PM						
WED	10:30 AM	BALLET & JAZZ	Sarah Ambrose	✓		
WED	4:15 PM	BALLET & JAZZ	Sarah Ambrose	✓		
SAT	9:15 AM	BALLET & JAZZ	Jade Peace		✓	

	PRE JUNIOR (5-7yrs)					
CLASS DAY	CLASS TIME	CLASS STYLE	TEACHER	SAT 26 <sup>th</sup> OCT 6:30 PM	SUN 27 <sup>th</sup> OCT 6:30 PM	
MON	4:00 PM	BALLET	Donna De Paoli	✓		
MON	5:00 PM	JAZZ	Sarah Ambrose	✓		
MON	5:45 PM	TAP	Sarah Ambrose	✓		
TUE	4:00 PM	BALLET & JAZZ	Sarah Ambrose	✓		
THU	4:00 PM	HIP HOP	Samantha Bruzzese	✓		
SAT	10:15 AM	BALLET & JAZZ	Jade Peace		✓	
SAT	11:45 PM	CONTEMPORARY	Angelica Low		✓	
SAT	12:30 PM	HIP HOP	Sarah Ambrose		✓	

	JUNIORS (7 - 10 yrs)					
CLASS DAY	CLASS TIME	CLASS STYLE	TEACHER	SAT 26 <sup>th</sup> OCT 6:30 PM	SUN 27 <sup>th</sup> OCT 6:30 PM	
MON	4:00 PM	HIP HOP	Sarah Ambrose	<b>✓</b>		
MON	5:00 PM	BALLET	Donna De Paoli	✓		
MON	6:15 PM	JAZZ	Dionne Nicolaou	✓		
WED	4:15 PM	TAP	Paige Pote	✓		
WED	5:30 PM	CONTEMPORARY	Olivia Talevski	✓		
WED	6:30 PM	HIP HOP	Taylor Diamond-Lord	✓		
THU	4:15 PM	BALLET	Donna De Paoli	✓		
THU	5:30 PM	JAZZ	Samantha Bruzzese	✓		
SAT	11:15 AM	HIP HOP	Taylor Diamond-Lord		✓	
SAT	12:15 PM	TAP	Jade Peace		✓	
SAT	1:15 PM	BALLET	Donna De Paoli		✓	
SAT	2:30 PM	JAZZ	Angelica Low		✓	
SAT	3:45 PM	CONTEMPORARY	Angelica Low		✓	

# **CLASSES & CONCERT ALLOCATIONS**

	INTERMEDIATES (10 - 13 yrs)						
CLASS DAY	CLASS TIME	CLASS STYLE	TEACHER	SAT 26 <sup>th</sup> OCT 6:30 PM	SUN 27 <sup>th</sup> OCT 6:30 PM		
MON	5:00 PM	JAZZ	Dionne Nicolaou	✓			
MON	6:15 PM	BALLET	Donna De Paoli	✓			
WED	4:15 PM	CONTEMPORARY	Olivia Talevksi	✓			
WED	5:30 PM	HIP HOP	Taylor Diamond-Lord	✓			
WED	6:30 PM	TAP	Paige Pote	✓			
SAT	9:15 AM	JAZZ	Angelica Low		✓		
SAT	10:15 PM	CONTEMPORARY	Angelica Low		✓		
SAT	11:45 PM	BALLET	Donna De Paoli		✓		
SAT	12:15 PM	HIP HOP	Taylor Diamond-Lord		✓		

SENIORS (13+ yrs)					
CLASS DAY	CLASS TIME	CLASS STYLE	TEACHER	SAT 26 <sup>th</sup> OCT 6:30 PM	SUN 27 <sup>th</sup> OCT 6:30 PM
TUE	4:30 PM	JAZZ	Jesse Matthews		✓
TUE	6:00 PM	BALLET	Donna De Paoli		✓
TUE	7:30 PM	CONTEMPORARY	Jesse Matthews		✓
WED	5:30 PM	TAP	Paige Pote	✓	
WED	6:45 PM	POINTE	Donna De Paoli		✓
WED	7:30 PM	HIP HOP	Taylor Diamond-Lord		✓

ACCELERATE & INDUSTRY TRAINING PROGRAMS					
CLASS DAY	CLASS STYLE TEACHER				
FRI	4:30 PM	ACCELERATE	Sarah Ambrose	✓	✓
N/A	N/A	INDUSTRY	N/A	✓	✓

# **UNIFORM & SHOE REQUIREMENTS (GIRLS)**

PLEASE LABEL EVERYTHING (with full name) & ensure you have all necessary uniform requirements for Rehearsals & Concerts!

TINY TOTS (W	ed & Sat Classes) <u>AND</u> PRE-JUNIORS (Mo	n, Tue,	Thu & S	at Clas	ses)	
GIRLS	UNIFORM ITEM & WHERE TO PURCHASE	BALLET	JAZZ	TAP	CONTEMP.	HIP HOP
MERCHANIC MARKETS TO BE ARTS TO BE	Official MAPA Studio T-shirt Worn on stage by ALL Students for the Finalé Available @ MAPA Reception	<b>√</b>	✓	<b>✓</b>	<b>√</b>	✓
Non	Black shorts (Either MAPA shorts or plain black) Worn on stage for the Finalé Available @ MAPA Reception	<b>√</b>	✓	✓	<b>✓</b>	
MARA	MAPA Basketball Shorts  Worn by Pre-Junior Hip Hop students on stage for the Finalé Available @ MAPA Reception					✓
	Flesh colour high-cut breifs OR bodystocking This is worn as underwear <u>underneath</u> tights and ensures no underwear will be visible from stage. If your child gets embarrassed changing in front of others, then we recommend the bodystocking for extra coverage. Available @ Energetiks or order through MAPA	✓	✓	✓	<b>√</b>	✓
	MAPA Class Uniform Leotard  Tiny Tots: "Energetiks" Charlotte Leotard 'CL04' (Ballet Pink)  Pre-Juniors: "Energetiks" Cleo Camisol 'CL48' (Cornflower)  Available @ Energetiks or we can order through MAPA Reception	<b>√</b>	✓	<b>√</b>	<b>✓</b>	
	Ballet Shoes (Canvas ONLY) Available @ Dancewear Nation/Bloch/Energetiks Second hand pairs also available @ MAPA Reception	✓				
	Tan Jazz shoes slip on (no shoelaces) Available @ Dancewear Nation/Bloch/Energetiks Second hand pairs also available @ MAPA Reception		✓			
	Tan Tap Shoes Available @ Dancewear Nationa/Bloch/Energetiks Second hand pairs also available @ MAPA Reception			<b>√</b>		
	White Hi-Top Sneakers Available @ Spendless shoes 'HEAT by Bears' \$33.99 Do not wear canvas 'converse' type sneakers.					<b>√</b>
FIESTA MICO AMAN THORNES OF THE PROPERTY OF TH	<b>Ballet Tights</b> "Fiesta" Theatrical Pink Footed or Convertible Tights Available @ MAPA Reception	<b>√</b>				
FIESTA MODELLOS MODEL	Tan/Skin-Tone Tights "Fiesta" Skin-Tone Micro-Basics Footed Tights Available @ MAPA Reception		<b>√</b>	<b>√</b>		<b>√</b>
des de la constant de	Footless Tights (Girls) "Energetis" Classic Footless Tights 'CT29' (Salmon Pink) Available @ MAPA Reception				<b>✓</b>	
	White Crew Socks Available @ Kmart '5 Pack school crew socks' \$5.00					<b>√</b>

# **IMPORTANT DATES & TIMES (TINY TOTS)**

Clocktower Centre - 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd

IMPORTANT: Attendance to all rehearsals is compulsory and punctuality is crucial.

Parents DO NOT stay for Rehearsals and Concerts, unless volunteering backstage with prior approval.

Wednesday 10:30 - 11:30 AM	BALLET & JAZZ	Miss Sarah
<b>REHEARSAL 1:</b> Wednesday 23 <sup>rd</sup> October	ARRIVE: 3:45 PM	<b>PICK-UP:</b> 5:45 PM
REHEARSAL 2: Saturday 26 <sup>th</sup> October	ARRIVE: 10:00 AM	PICK-UP: 12:30 PM
CONCERT: Saturday 26 <sup>th</sup> October	ARRIVE: 4:45 PM	PICK-LIP: After the Show

wednesday 4:15 – 5:15 PW	BALLET & JAZZ	IVIISS Saran
<b>REHEARSAL 1:</b> Wednesday 23 <sup>rd</sup> October	ARRIVE: 4:00 PM	SIGN-OUT: 6:00 PM
REHEARSAL 2: Saturday 26 <sup>th</sup> October	ARRIVE: 10:00 AM	<b>PICK-UP:</b> 12:30 PM
CONCERT: Saturday 26 <sup>th</sup> October	ARRIVE: 4:45 PM	PICK-UP: After the Show

Saturday 9:15 – 10:15 AM	BALLET & JAZZ	Miss Jade
REHEARSAL: Sunday 27 <sup>th</sup> October	ARRIVE: 10:00 AM	<b>PICK-UP:</b> 12:45 PM
<b>CONCERT:</b> Sunday 27 <sup>th</sup> October	ARRIVE: 5:00 PM	PICK-UP: After the Show

#### WHAT HAPPENS DURING OUR REHEARSALS?

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Below is a guide to how our Tiny Tots theatre rehearsal is structured. If students are changed ahead of time, they will get to watch the other classes rehearsing on stage and get a feel for where their family and friends will be watching them from at the concert.

- 1. SIGN-IN Students are escorted to Dressing Rooms to find their specially named chairs (approx. 10mins)
- 2. Change into 1<sup>st</sup> costumes & head to the stage (approx. 30mins)
- 3. Rehearse Ballet routine on stage (approx. 15mins)
- 4. Head back to dressing room. Change into 2<sup>nd</sup> costume (approx. 30mins)
- 5. Rehearse Jazz routine on stage (approx. 15mins)
- 6. Get changed, pack bags and get ready for collection (approx. 15mins)
- 7. Watch the other classes rehearse from the audience while waiting for collection (approx. 15mins)
- 8. SIGN-OUT

# **IMPORTANT DATES & TIMES (PRE-JUNIORS)**

Clocktower Centre - 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd

IMPORTANT: Attendance to all rehearsals is compulsory and punctuality is crucial.

Parents DO NOT stay for Rehearsals and Concerts, unless volunteering backstage with prior approval.

Monday 4:00 - 5:00 M	BALLET	Miss Donna
<b>REHEARSAL:</b> Saturday 26 <sup>th</sup> October	ARRIVE: 10:00 AM	PICK-UP: 12:00 PM
<b>CONCERT:</b> Saturday 26 <sup>th</sup> October	ARRIVE: 4:45 PM	PICK-UP: After the Show
Monday 5:00 – 5:45 PM	JAZZ	Miss Sarah
<b>REHEARSAL:</b> Saturday 26 <sup>th</sup> October	<b>ARRIVE:</b> 10:45 AM	PICK-UP: 12:30 PM
<b>CONCERT:</b> Saturday 26 <sup>th</sup> October	ARRIVE: 4:45 PM	PICK-UP: After the Show
Monday 5:45 – 6:30 PM	TAP	Miss Sarah
REHEARSAL: Saturday 26 <sup>th</sup> October	ARRIVE: 11:15 AM	PICK-UP: 1:00 PM
CONCERT: Saturday 26 <sup>th</sup> October	ARRIVE: 4:45 PM	PICK-UP: After the Show
Tuesday 4:00 - 5:30 M	<b>BALLET &amp; JAZZ</b>	Miss Sarah
REHEARSAL: Saturday 26 <sup>th</sup> October	ARRIVE: 10:00 AM	PICK-UP: 12:45 PM
<b>CONCERT:</b> Saturday 26 <sup>th</sup> October	ARRIVE: 4:45 PM	PICK-UP: After the Show
Thursday 4:00 – 5:30 PM	HIP HOP	Miss Sam
<b>REHEARSAL:</b> Thursday 24 <sup>th</sup> October	ARRIVE: 4:00 PM	PICK-UP: 6:00 PM
<b>CONCERT:</b> Saturday 26 <sup>th</sup> October	ARRIVE: 4:45 PM	PICK-UP: After the Show
Saturday 10:15 - 11:45 AM	<b>BALLET &amp; JAZZ</b>	Miss Jade
REHEARSAL: Sunday 27 <sup>th</sup> October	ARRIVE: 10:00 AM	PICK-UP: 12:45 PM
<b>CONCERT:</b> Sunday 27 <sup>th</sup> October	ARRIVE: 5:00 PM	PICK-UP: After the Show
Saturday 11:45 – 12:30 PM	<b>CONTEMPORARY</b>	Miss Angelica
REHEARSAL: Sunday 27 <sup>th</sup> October	ARRIVE: 10:30 AM	PICK-UP: 12:15 PM
<b>CONCERT:</b> Sunday 27 <sup>th</sup> October	ARRIVE: 5:00 PM	PICK-UP: After the Show
Saturday 12:30 – 1:15 PM	HIP HOP	Miss Sarah
REHEARSAL: Sunday 27 <sup>th</sup> October	ARRIVE: 11:30 AM	PICK-UP: 1:30 PM
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# **DRESS REHEARSAL DETAILS (TINY TOTS & PRE-JUNIORS)**

Clocktower Centre - 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd

In order for the show to run smoothly, we must spend time rehearsing. Younger children especially need sufficient time on stage to feel comfortable and adjust to the new space. Each routine has approx. 15mins on stage to set the lighting and practice their routines with entrances/exits through the wings. This is an exciting & enjoyable moment for students as they begin to understand what a big show they are a part of. They are given the opportunity to watch and celebrate with each other classes in what they have all worked so hard preparing for!

### **DATES & TIMES FOR DRESS REHEARSAL**

Please refer to Page 5 for Tiny Tots and Page 6 for Pre-Juniors

## WHAT TO WEAR TO REHEARSALS

**TINY TOTS** Skin-Tone High-Cut Briefs, Tights (Tan *under* Pink) & Pink Leotard & Dressing Gown

**PRE-JUNIORS (Mon/Tue)** Skin-Tone Briefs or Bodystocking, Tights (Tan <u>under</u> Pink, if you take Ballet + Jazz/Tap) & Leotard

**PRE-JUNIORS (Thu)** Skin-Tone Briefs or Bodystocking, Tan Tights, White Crew Socks, MAPA Basketball Shorts, MAPA T-Shirt

**PRE-JUNIORS (Sat)** Skin-Tone Briefs or Bodystocking + See details below

Ballet & Jazz (ONLY): Skin-Tone Briefs or Bodystocking, Tights (Tan <u>under</u> Pink), Leotard

Ballet, Jazz & Contemporary: Skin-Tone Briefs or Bodystocking, Ballet Tights (other tights in bag), Leotard

Contemporary & Hip Hop: Skin-Tone Briefs or Bodystocking, Salmon Pink Footless Tights (Tan in bag), Leotard
Hip Hop (ONLY): Skin-Tone Briefs or Bodystocking, Tan Tights, White Crew Socks, MAPA B-Ball Shorts & T-Shirt

ALL 4 Classes: Skin-Tone Briefs or Bodystocking, Ballet Tights (all other tights & socks in bag), Leotard

Please arrive with hair done for rehearsals. Make-Up is not required for rehearsals, only for the concert.

A dressing gown can be worn over the top to keep warm backstage and keep costumes clean.

### WHAT TO BRING

**Please refer to Pages 10-11 for Checklist of items to bring.** All dance shoes should be labelled clearly and be packed in bags, (please don't wear them on the street). Don't forget to pack food/snacks and water bottles.

### **FOOD & DRINKS BACKSTAGE**

Please pack LOTS of healthy food & snacks for your child. All snacks must be nut free. We do have anaphylactic sufferers amongst our students so please respect the importance of this. Please also make sure they are light dry snacks, pop-top drink bottles with water only. **Students must bring all food & drink bottles in a separate bag from their dance attire.** 

### **VOLUNTEERS**

Without the invaluable assistance of our volunteers, we could not put on a successful show. We generally need 2-3 parents per group, depending on the number of students and their ages, to assist backstage during both the Dress Rehearsal and the Concert. Volunteers help with costume changes and ensure all our dancers make it on stage on time! If you can help, please sign up at <a href="https://mapa.com.au/volunteers/">https://mapa.com.au/volunteers/</a>.

Those who assist backstage will have the opportunity to watch from the side of the stage and witness all the excitement that occurs before and after performances. All volunteers must have a Working With Children Check, which you can apply for online <u>HERE</u> at no cost.

# **CONCERT DETAILS**

Clocktower Centre - 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd

If you have any issues on the day, please call (03) 8560 4334.

All calls on these days will be redirected to a mobile phone that a staff member will be able to answer.

#### **CONCERT ARRIVAL TIMES**

Students must sign-in to the theatre no later than 4:45 PM before the show. All performers will rehearse the Finalé on stage together before we open the doors and begin the show!

## **WHAT TO WEAR**

**Please arrive with hair AND** make-up done, wearing skin-tone bodystocking, \*tights & leotard (if applicable). Students who attend Hip Hop only, please arrive wearing your skin-tone bodystocking, tights, white socks, MAPA basketball shorts & white MAPA T-Shirt.

**NOTE:** The order of the Concert may be different to the order of dress rehearsals. Please check with your teachers closer to the concert, for advise on which order to wear tights when arriving for the concert.

#### WHAT TO BRING

Refer to Pages 9-10 for checklist

**REMINDER:** All students wear their white MAPA T-shirt and black shorts on stage for the finale... **Don't forget these!** 

# **CONCERT FINALÉ**

All performers will come on stage for the finale at the end of the show. We have only one opportunity to rehearse this number with all performers at the theatre. This rehearsal will take place immediately after students sign-in for the concert at 4:45 PM.

All students will go straight to the stage for our finalé rehearsal. Once we finish, the doors will open for the audience to take their seats, and the performers will head backstage to change into their first costumes.



Students wear the official white MAPA Studio T-shirt with black dance shorts for the finale of the show. Hip Hop students wear the MAPA T-shirt with their MAPA basketball shorts.

With all students in their uniforms, we can pack bags and costumes before the show ends, making it quicker and easier for you to collect your children after the performance.

### **PRE-ORDER A ROSE**

Giving flowers after a performance is a lovely way to celebrate your dancer's hard work and dedication throughout the year. We're offering the option to pre-order single stem roses from a local florist, which will be delivered to the theatre for easy pickup. It's a wonderful opportunity to add a special touch to their night!

If you'd like to order a rose, simply <u>CLICK HERE</u>, and we'll have a beautifully wrapped single stem rose ready for you on performance night, complete with an attached "Congratulations" card tag for you to add your own personal message.

#### **COSTUMES**

All concert costumes are rented from MAPA and have been included in your Term 3 invoice. Your child's costume(s) will be hanging backstage at the theatre upon arrival. **Please note that costumes are NOT to be taken home.** If you accidentally end up with a costume item in your bag, please ensure it is returned.

We ask that you emphasize the importance of caring for the costumes with your children. Please discuss their responsibilities, including returning costumes to their hangers when not in use and refraining from eating or drinking while wearing them. We also recommend bringing a dressing gown to wear over the costumes to keep warm while waiting and to help keep the costumes clean.

### **BACKSTAGE CONDUCT & SAFETY**

All performers and helpers backstage must remain quiet at all times to ensure stage calls and directions can be heard. It can get hectic backstage, so we appreciate everyone's cooperation to keep things running smoothly.

If your child falls ill or sustains an injury while backstage, we have several registered first aiders among our staff and teachers who can assist. If the situation is more serious, we will notify you immediately via SMS. If your child is at risk of anaphylaxis and may require an EpiPen, please inform us in advance so we can assign a first aider to monitor them backstage.

If your child is not participating in many routines, please ensure they bring something to keep them occupied (e.g., books, games, toys, or pencils for drawing—no markers or pens, please).

## **AFTER THE SHOW**

We are expecting each show to go for approximately 2 to 2.5 hours (including a 20min interval). After the show, please wait in the foyer near stage door to collect your children. We will be releasing students' class-by-class, starting with the Tiny Tots. To ensure everyone's safety you MUST sign your child out from backstage upon collection.

# STEP BY STEP HAIR INSTRUCTIONS

# **HIGH PONYTAIL (Jazz, Tap & Hip Hop)**



# STEP 1: Start with Damp Hair (2-3 days after washing)

Lightly spray the scalp with a spray bottle filled with water to dampen the roots. Hair is generally easier to manage when it hasn't been recently washed.

# STEP 2: Apply Gel

Take a generous amount of thick gel and apply it to the roots of the hair. This will help slick the hair down and keep it in place.

# STEP 3: Brush Hair Back and Up

While the hair is still wet, use a brush to pull the hair back and up.

# STEP 4: Secure the Ponytail

Gather the hair into a ponytail at the crown of the head using strong hair elastics. It is recommended to use two or three hair elastics to (depending on thickness of hair), this will help keep the hair secure while dancing.

## STEP 5: Check Visibility

Ensure the top of the ponytail is visible when viewing the dancer at eye level. This helps any hairpieces or accessories stand out on stage (see picture above).

# **HIGH BALLET BUN (Ballet & Contemporary)**

### STEP 1: Create a High Ponytail

Follow the same steps as for the high ponytail.

## STEP 2: Twist the Hair

Depending on hair length, twist the ponytail and spiral it around the elastic. For fine hair, you can back-comb the ponytail a few times to create more volume, then twist and spiral to create the bun.



#### STEP 3: Use a Bun Net

Cover the bun with a bun net one or two times, ensuring all hair is tucked inside. Then wrap the excess net in a circle underneath the bun to conceal it.

# STEP 4: Shape the Bun

Use your fingers to squish and blend the hair into a large, flat circular shape.

### STEP 5: Secure the Bun

Press the bun against the head and use U-pins to secure it first. Follow with bobby pins until all areas are secure. Use additional bobby pins for any loose strands, especially around the ears or nape of the neck.

# STEP 6: Finish with Gel or Hairspray

Apply more gel or hairspray to keep everything in place.

**Note:** Please do NOT use hair donuts. A Classical Ballet bun should be quite flat and not stick out too much.

# STEP BY STEP MAKE-UP INSTRUCTIONS

Stage makeup is essential for enhancing facial features and expressions under bright stage lights, ensuring visibility for the audience. Keep in mind that standard makeup may get washed out, so a more pronounced application is necessary. Here's a simple guide for parents to help apply dance stage makeup.

# **STEP 1: Prepare the Face**

- Start with a clean and moisturized face. We also recommend the 'Milk' brand Matte Primer to help makeup last longer.
- Apply a matte finish foundation that is slightly darker than the dancer's skin-tone, to counteract stage lights. Blend evenly.
- Use concealer to cover any blemishes or under-eye circles, blending well.

## STEP 2: Set the Makeup

• Lightly dust translucent setting powder over the foundation and concealer to reduce shine.

# **STEP 3: Apply Blush**

• Choose a natural-looking blush and apply it to the apples of the cheeks, blending outward towards the temples.

# **STEP 4: Eyeshadow Application**

- **Base Colour:** Apply a light neutral shadow (such as Ivory or beige) to the entire eyelid and up to the brow bone to create a base.
- Transition Colour: With a fluffy brush, apply a medium shade (such as tan or light brown) into the crease to create depth.
- Defining Colour: Use a darker brown eyeshadow to define the outer corner of the eye and the crease, blending well for a smooth look.
- **Highlight Colour:** Apply a light shadow (such as ivory or white) to the inner corner of the eye and just under the brow bone to brighten and lift the eyes. A shimmery white or champagne shadow can be applied to the inner corner of the eye and blended out toward the centre of the eyelid for some added glow.

# Step 5: Eyeliner (optional)

Apply black eyeliner along the upper lash line for definition. A slight wing can be added to extend the eye.

### Step 6: Mascara

• Apply several coats of mascara to both the upper and lower lashes to enhance the eyes.

# Step 7: Lips

Line the lips first for a more defined shape, then apply lipstick, ensuring even coverage.

## **Step 8: Final Touches**

- Check the overall look in natural light if possible and make any necessary adjustments.
- Ensure all makeup is set and looks vibrant, as stage lights can wash out colours.

**Makeup Removal:** After the concert, use a gentle makeup remover to thoroughly clean the face. If you don't have makeup remover, coconut oil is a great substitute.

# **CHECKLIST - WHAT SHOULD I BRING?**

PLEASE LABEL EVERYTHING (with full name) & ensure you have all necessary uniform requirements for Rehearsals & Concerts!

UNDE	ERWEAR, SOCKS & TIGHTS:			
	Skin-Tone Briefs or Bodystocking	Required for ALL Students		
	"Fiesta" Theatrical Pink Tights (Footed or Convertible)	BALLET students		
	"Fiesta" Tan/Skin-Tone Tights	JAZZ, TAP & HIP HOP students		
	"Energetiks" Salmon Pink Tights (Footless)	CONTEMPORARY students		
	Clean white Crew Socks	HIP HOP students		
	FIRSTA MICHAELEN			
FINΔI	LÉ COSTUME & UNIFORM:			
	Official White MAPA Studio T-Shirt	Required for ALL students to wear in Finalé		
	Class Leotard (Tiny Tots-Pink, Pre-Juniors-Cornflower)	BALLET, JAZZ, TAP, CONTEMPORARY students		
	Black High-Waisted MAPA Shorts	BALLET, JAZZ, TAP, CONTEMPORARY students		
	Black MAPA Basketball Shorts	HIP HOP students		
	MERCHANIC ARTS CA			
SHOE	:S			
	Canvas Ballet Shoes	BALLET students		
	Tan Jazz Shoes	JAZZ students		
	Tan Tap Shoes	TAP students		
	White Hi-Top Sneakers	HIP HOP students		
OTHE	R (Please bring food & drink in a sealed plastic bag separate to clothing)			
	Dressing Gown/Robe (to wear over costumes to keep warm)			
	Drink Bottle (water only)	VEGE NO CRISPS		
	Dry Snacks & Food (nothing that may stain costumes)	Try states		

# **CHECKLIST - WHAT SHOULD I BRING?**

PLEASE LABEL EVERYTHING (with full name) & ensure you have all necessary uniform requirements for Rehearsals & Concerts!

HAIR KIT ITEMS							
MAPA B	MAPA Bun Kits are available at Reception for \$16. Packs of Hair ties, pins and bun nets are also available for \$3 each.						
Choose f	rom Blonde, Brown or Black.						
Includes 3 hair ties + 10 bobby pins + 10 U-Pins + 2 Bun Nets inside a pink MAPA Embossed Tin.							
	Hairspray and/or Hair Gel Small spray bottle Hairbrush Hair Ties (to match hair colour) 10 or more Bobby Pins 10 or more U-Pins (BALLET & CONTEMPORARY) 3 x Bun Nets (BALLET & CONTEMPORARY)	TREService  LADY JAYRICE  LADY					

# **MAKE-UP KIT ITEMS**

# **RECOMMENDED BRAND/ITEMS:**

We recommend "Eco Minerals" or "Inika" brand of make-up. They are cruelty free, yegan, 100% pure, safe & natural cosmetics. Mums,

this makeup also! Lipsticks is available at MAPA	, , ,	reguii, 100% puie,	, sale a natural cosmetics. Mani-	J,
Mineral Foundation or Translucent Powder Blush (pink or peach) Eye Shadows (White & Medium Brown) Eyebrow pencil or powder	CCOminerals  BYRON BAY		nudebynature Herring 119813 MONBEAT	Because houry is
Black Mascara  Eyeliner (optional)  Lipstick 'Red Shine' by Hemp Organics  OR similar neutral pink shade  Baby wipes	6	. Sured	Simple cloansing wipes such that the state of the state o	s in our moture SCONSONVA

# **FINAL NOTE**

On behalf of all the staff and teachers, I want to express our gratitude to all our students for their hard work so far. As parents, we encourage you to support them in continuing their practice, so they can improve and feel proud and confident on stage.

All concert songs have been edited and are available for home practice. Please ask your teachers for a copy of the class music, or bring a USB to reception, and we can make a copy for you.

Our students have made incredible progress this year, and we're sure you'll be extremely proud of their accomplishments—we certainly are! We also want to extend a heartfelt thank you to all parents and family members for supporting your children in their passions and for choosing MAPA.

If you have any questions, please don't hesitate to email us at <u>admin@mapa.com.au</u>. We'll do our best to respond as soon as possible, and we welcome your feedback on how we can enhance your experience with us.

In case of an emergency or any issues on concert day, please call (03) 8560 4334. All calls on that day will be redirected to a mobile phone that a staff member will answer.

We look forward to sharing this exciting time with all of you!

Sarah Ambrose Principal Director