

IT'S CONCERT WEEK AT MAPA!!!

INFORMATION for all Monday & Tuesday Pre-Junior Classes

I'm sure we are all excited to see our dancers shine on stage! To ensure a smooth and enjoyable experience for everyone, we have put together a detailed guide with all the information you need for this week. Please read the following carefully and don't hesitate to reach out if you have any questions or need assistance. Please note if you require any tights, Bun Kits or a MAPA T-shirt, they will be available for purchase at the Theatre when you sign-in.

REHEARSALS DETAILS: Saturday 21st October 2023

Clocktower Centre - 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd

Sign-In: 10:00am | **Sign-Out:** 1:00pm

What to wear: Students in Ballet & Jazz, please arrive wearing skin tone underwear, Tan Tights underneath Ballet Tights, Leotard and street shoes. Students who are only in one class, please arrive with the tights required for your specific class. Please don't wear your dance shoes on the street! A dressing gown or jacket can be worn over to keep warm.

Hair: Hair must be in a neat high bun with lots of pins and hair gel to stay in place. No flyaway hairs. Makeup is not required for rehearsal.

What to Pack:

<input type="checkbox"/> Ballet Shoes	<input type="checkbox"/> Healthy Dry Snacks	<input type="checkbox"/> Hairbrush
<input type="checkbox"/> Jazz Shoes	<input type="checkbox"/> Drink Bottle (Water Only)	<input type="checkbox"/> Hair Gel
<input type="checkbox"/> Tap Shoes	<input type="checkbox"/> Footless Salmon Pink Tights (<i>Contemporary</i>)	
<input type="checkbox"/> Bun Kit (<i>Includes Hair tie to match hair colour, Bun Nets, U-Pins & Bobby Pins</i>)		

CONCERT DETAILS: Saturday 21st October 2023

Clocktower Centre - 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd

Sign-In: 4:45pm | **Sign-Out:** After Concert in the foyer. Pre-Juniors will be released second, after our Tiny Tots. All performers will sign-in at 4:45pm for the concert and rehearse the finale on stage before the show begins. The doors usually open for audience members to enter just after 6pm.

What to wear: Please arrive wearing skin tone underwear, Tan Tights underneath Ballet Tights (*Ballet & Jazz students*), Leotard and street shoes. Black Dance Shorts & White MAPA T-shirt to be worn over the top. **All students wear this on stage for the Finale.** A dressing gown or warm jacket can be worn over to keep warm. Please don't wear your dance shoes on the street! Please don't wear jewellery or nail polish.

Hair & Make-up: Please arrive with hair and make-up done. Hair must be in a neat high bun for Ballet with lots of pins and hair gel to stay in place. Students not in Ballet must have a neat and tightly secure High Ponytail.

Checklist:

<input type="checkbox"/> Ballet Tights (<i>Ballet</i>)	<input type="checkbox"/> Tan Tights (<i>Jazz & Tap</i>)	<input type="checkbox"/> Salmon Pink Footless Tights (<i>Contemporary</i>)
<input type="checkbox"/> Skin Tone Underwear	<input type="checkbox"/> Leotard	<input type="checkbox"/> White MAPA T-Shirt for Finale
<input type="checkbox"/> Black Shorts	<input type="checkbox"/> Hairbrush	<input type="checkbox"/> Hair Gel
<input type="checkbox"/> Ballet Shoes	<input type="checkbox"/> Jazz Shoes	<input type="checkbox"/> Tap Shoes
<input type="checkbox"/> Healthy Dry Snacks	<input type="checkbox"/> Drink Bottle (Water Only)	
<input type="checkbox"/> Bun Kit (<i>Includes Hair tie to match hair colour, Bun Nets, U-Pins & Bobby Pins</i>)		
<input type="checkbox"/> Make-Up Kit (<i>Includes Matte Foundation or Translucent Powder, Blush, Mascara, Brown & White Eyeshadows and Lipstick</i>)		
<input type="checkbox"/> Activities to do - eg. Quiet Games, Colouring Book (<i>pencils only!</i>), Books to read.		

PLEASE LABEL EVERYTHING CLEARLY!!!

HAIR & MAKE-UP INSTRUCTIONS

HAIR

High Ponytail (Monday Pre-Junior Jazz & Tap)

On very damp hair thoroughly apply a thick gel to the roots to slick the hair and make it workable. After applying gel and with hair still damp, brush back and up and secure with a strong hair elastic (or two) into a ponytail at the back crown of the head so that you can see the top of the ponytail when looking directly at the dancer from front on.

High Ballet Bun (Ballet, Contemporary & Tuesday Pre-Junior Jazz)

First secure hair in a ponytail as described above. Then, depending upon the length of the hair, twist hair and begin wrapping in a circle around the elastic. Apply a bun net and ensure all hair is trapped inside the net. Wrap the excess bun net underneath the bun to conceal it. Use your fingers to then squish and blend the hair out to create a large flat circular bun. Press the bun against the head and begin to secure first with U-pins and then bobby pins until there are no loose or unsecured areas of the bun. You may need more bobby pins to secure any loose strands of hair such as above ears or at the nape of the neck. Then, apply more gel and/or hairspray to keep everything in place.

MAKE-UP

We understand some parents have concerns about applying makeup to their young children. It is important to recognise that stage lights are exceptionally bright and will wash out all facial features if no makeup is applied. Stage makeup serves to counteract the reflective glare on the skin and to accentuate the facial features and expressions of our dancers, ensuring their visibility to the audience.

Step 1: Foundation Apply a matte finish foundation or translucent powder to the entire face and blend down neck.

Step 2: Eyebrows Fill in the brows using eyeshadow or brow pencil. This step is very important for blonds and those without light coloured brows. Use a colour that is a shade darker than the natural brows.

Step 3a: Eyeshadow (upper lid) Apply a medium brown eyeshadow to the eyelid, darkest at the lash line and fade it out as you reach the crease. Apply a white shimmer shadow to the brow bone to highlight and blend. Optional: Use an angular liner brush to apply black shadow/eyeliner along the top lash line ONLY.

Step 3b: Eyeshadow (lower lid) Using a thin eyeliner brush, sweep a line of medium brown eyeshadow from the outside corner of the eye and in towards the middle of the lower lashes. This will make the eyes look bigger on stage. Blend so as not to have a harsh line. Stay away from dark colours under the eyes, to ensure you have a softer look.

Step 4: Mascara Have your dancer sit up very straight and look down with their eyes (head stays lifted). Gently lift their eyelid with one finger. Have them blink a few times to practice before mascara wand is used. Keep wand parallel to lash line and sweep colour through lashes starting at the base. Remind dancer to blink so that eyes don't water. Only apply mascara to top lashes. Make sure you use a water-resistant, sensitive eyes formula black mascara. Avoid waterproof mascaras as they are very harsh to remove from young, sensitive eyes.

Step 5: Blush Place blush brush at hairline just below cheekbone and sweep UNDER cheekbone. Make sure to use a small enough blush brush on her tiny cheeks so that blush line does not go lower than the lip line. Otherwise, your little dancer will look like they've got a sunburn! Blend. Blend. Blend. Oh yes, and please, no "apples of the cheeks" clown blush.

Step 6: Lipstick Finish off with lipstick shade "Red Shine" by Hemp Organics or a similar colour that you already own. A lipliner pencil is optional but can be used to colour in the lips first which will help lipstick stay on for longer.