

IT'S CONCERT WEEK AT MAPA!!!

INFORMATION for all Saturday Pre-Junior Classes

I'm sure we are all excited to see our dancers shine on stage! To ensure a smooth and enjoyable experience for everyone, we have put together a detailed guide with all the information you need for this week. Please read the following carefully and don't hesitate to reach out if you have any questions or need assistance. Please note if you require any tights, Bun Kits or a MAPA T-shirt, they will be available for purchase at the Theatre when you sign-in.

REHEARSALS DETAILS: Sunday 22nd October 2023

Clocktower Centre - 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd

Sign-In: 10:00am | **Sign-Out:** 1:15pm

What to wear: Students in Ballet & Jazz, please arrive wearing skin tone underwear, Tan Tights underneath Ballet Tights, Leotard and street shoes. Students who are only in one class, please arrive with the tights required for your specific class. Please don't wear your dance shoes on the street! A dressing gown or jacket can be worn over to keep warm.

Hair: Hair must be in a neat high bun with lots of pins and hair gel to stay in place. No flyaway hairs. Makeup is not required for rehearsal.

REHEARSAL CHECKLIST:

All Classes:

<input type="checkbox"/> White MAPA T-shirt	<input type="checkbox"/> Black Shorts	<input type="checkbox"/> Skin-Tone Underwear
<input type="checkbox"/> Hairbrush	<input type="checkbox"/> Hair Gel	<input type="checkbox"/> Hair elastics to match hair colour
<input type="checkbox"/> Healthy Snacks	<input type="checkbox"/> Drink Bottle (Water Only)	

*All students performing require the items listed above **PLUS** their class specific items listed below*

Ballet:

<input type="checkbox"/> Ballet Shoes (Canvas)	<input type="checkbox"/> Leotard (Girls)	<input type="checkbox"/> Ballet Tights (Girls) / White Socks (Boys)
<input type="checkbox"/> Bun Kit (<i>Includes Hair tie to match hair colour, Bun Nets, U-Pins & Bobby Pins</i>)		

Jazz:

<input type="checkbox"/> Jazz Shoes	<input type="checkbox"/> Leotard (Girls)	<input type="checkbox"/> "Fiesta" Tan Tights (Girls) / Black Socks (Boys)
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Contemporary:

<input type="checkbox"/> Bun Kit	<input type="checkbox"/> Leotard (Girls)	<input type="checkbox"/> "Energetiks" Salmon Pink Footless Tights (Girls)
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Hip Hop:

<input type="checkbox"/> White Hi-Top Sneakers	<input type="checkbox"/> White Socks
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Which order will the classes be rehearsing in?

At each rehearsal, students must sign-in through the back stage door, head to their dressing room and get changed into their first costume. Once ready, Clocktower require all students entering the theatre to do an OH&S Safety Induction as a group before they are allowed on stage to rehearse. So please don't be late or we cannot begin! Once complete, classes will rehearse in the following order:

Sun 22nd October (Sat Pre-Juniors):

1. Ballet (Ms Jade) 2. Contemporary (Ms Angelica) 3. Jazz (Ms Jade) 4. Hip Hop (Ms Sarah)

CONCERT DETAILS: Sunday 22nd October 2023

Clocktower Centre – 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd

Sign-In: 4:45pm | **Sign-Out:** After the Concert in the foyer. Pre-Juniors will be released second, after our Tiny Tots. All performers must sign-in for the concert at 4:45pm and will rehearse the finale on stage before the show begins. The doors usually open for audience members to enter just after 6pm.

What to wear: Please arrive wearing skin tone underwear, Tan Tights underneath Ballet Tights (*Ballet & Jazz students*), Leotard and street shoes. Black Dance Shorts & White MAPA T-shirt are to be worn over the top. **All students wear this on stage for the Finale.** A dressing gown or warm jacket can be worn over to keep warm. Please don't wear your dance shoes on the street! Please don't wear any jewellery or nail polish.

Hair & Make-up: Please arrive with hair and make-up done. Hair must be in a neat high bun for Ballet and Contemporary with lots of pins and hair gel to stay in place. Students not in Ballet or Contemporary must have a neat and tightly secure High Ponytail. Boys hair must be neatly styled with gel.

CONCERT CHECKLIST

All Classes:

<input type="checkbox"/> White MAPA T-shirt	<input type="checkbox"/> Black Shorts	<input type="checkbox"/> Skin-Tone Underwear
<input type="checkbox"/> Hairbrush	<input type="checkbox"/> Hair Gel	<input type="checkbox"/> Hair elastics to match hair colour
<input type="checkbox"/> Healthy Snacks	<input type="checkbox"/> Drink Bottle	<input type="checkbox"/> Activities to do – eg. <i>Quiet Games, Books to read, etc.</i>
<input type="checkbox"/> Make-Up Kit (<i>Includes Matte Foundation or Translucent Powder, Blush, Mascara, Brown & White Eyeshadows and Lipstick</i>)		

*All students performing require the items listed above **PLUS** their class specific items listed below*

Ballet:	<input type="checkbox"/> Ballet Shoes (Canvas)	<input type="checkbox"/> Leotard (Girls)	<input type="checkbox"/> Ballet Tights (Girls) / White Socks (Boys)
	<input type="checkbox"/> Bun Kit		
Jazz:	<input type="checkbox"/> Jazz Shoes	<input type="checkbox"/> Leotard (Girls)	<input type="checkbox"/> "Fiesta" Tan Tights (Girls) / Black Socks (Boys)
Contemporary:	<input type="checkbox"/> Bun Kit	<input type="checkbox"/> Leotard (Girls)	<input type="checkbox"/> "Energetiks" Salmon Pink Footless Tights (Girls)
Hip Hop:	<input type="checkbox"/> White Hi-Top Sneakers	<input type="checkbox"/> White Socks	

PLEASE LABEL EVERYTHING CLEARLY!!!

We understand it's a big day for our little dancers and like any big event, they will be tired at the end of it all! We have carefully planned our rehearsals so that our youngest dancers can have a break to rest in between their rehearsal and the show. Please use this time for them to rest and eat a nice healthy meal to boost their energy for the evening. Although it's a big night, we hope it will also be one of their most favourite memories for years to come!

We can't wait to celebrate all their hard work and achievement with you on Sunday! See you at the show! 😊

HAIR & MAKE-UP INSTRUCTIONS

HAIR

High Ponytail (Saturday Pre-Junior Jazz & Hip Hop)

On very damp hair thoroughly apply a thick gel to the roots to slick the hair and make it workable. After applying gel and with hair still damp, brush back and up and secure with a strong hair elastic (or two) into a ponytail at the back crown of the head so that you can see the top of the ponytail when looking directly at the dancer from front on.

High Ballet Bun (Saturday Pre-Junior Ballet & Contemporary)

First secure hair in a ponytail as described above. Then, depending upon the length of the hair, twist hair and begin wrapping in a circle around the elastic. Apply a bun net and ensure all hair is trapped inside the net. Wrap the excess bun net underneath the bun to conceal it. Use your fingers to then squish and blend the hair out to create a large flat circular bun. Press the bun against the head and begin to secure first with U-pins and then bobby pins until there are no loose or unsecured areas of the bun. You may need more bobby pins to secure any loose strands of hair such as above ears or at the nape of the neck. Then, apply more gel and/or hairspray to keep everything in place.

MAKE-UP

We understand some parents have concerns about applying makeup to their young children. It is important to recognise that stage lights are exceptionally bright and will wash out all facial features if no makeup is applied. Stage makeup serves to counteract the reflective glare on the skin and to accentuate the facial features and expressions of our dancers, ensuring their visibility to the audience.

Step 1: Foundation Apply a matte finish foundation or translucent powder to the entire face and blend down neck.

Step 2: Eyebrows Fill in the brows using eyeshadow or brow pencil. This step is very important for blonds and those without light coloured brows. Use a colour that is a shade darker than the natural brows.

Step 3a: Eyeshadow (upper lid) Apply a medium brown eyeshadow to the eyelid, darkest at the lash line and fade it out as you reach the crease. Apply a white shimmer shadow to the brow bone to highlight and blend. Optional: Use an angular liner brush to apply black shadow/eyeliner along the top lash line ONLY.

Step 3b: Eyeshadow (lower lid) Using a thin eyeliner brush, sweep a line of medium brown eyeshadow from the outside corner of the eye and in towards the middle of the lower lashes. This will make the eyes look bigger on stage. Blend so as not to have a harsh line. Stay away from dark colours under the eyes, to ensure you have a softer look.

Step 4: Mascara Have your dancer sit up very straight and look down with their eyes (head stays lifted). Gently lift their eyelid with one finger. Have them blink a few times to practice before mascara wand is used. Keep wand parallel to lash line and sweep colour through lashes starting at the base. Remind dancer to blink so that eyes don't water. Only apply mascara to top lashes. Make sure you use a water-resistant, sensitive eyes formula black mascara. Avoid waterproof mascaras as they are very harsh to remove from young, sensitive eyes.

Step 5: Blush Place blush brush at hairline just below cheekbone and sweep UNDER cheekbone. Make sure to use a small enough blush brush on her tiny cheeks so that blush line does not go lower than the lip line. Otherwise, your little dancer will look like they've got a sunburn! Blend. Blend. Blend. Oh yes, and please, no "apples of the cheeks" clown blush.

Step 6: Lipstick Finish off with lipstick shade "Red Shine" by Hemp Organics or a similar colour that you already own. A lipliner pencil is optional but can be used to colour in the lips first which will help lipstick stay on for longer.