

## IT'S CONCERT WEEK AT MAPA!!!

### Saturday 9:15am Tiny Tots Ballet & Jazz (Miss Jade)

I'm sure we are all excited to see our dancers shine on stage! To ensure a smooth and enjoyable experience for everyone, we have put together a detailed guide with all the information you need for this week. Please read the following carefully and don't hesitate to reach out if you have any questions or need assistance. Please note if you require any tights, Bun Kits or a MAPA T-shirt, they will be available for purchase at the Theatre when you sign-in.

### **REHEARSALS DETAILS: Sunday 22<sup>nd</sup> October 2023**

Clocktower Cent	re – 750 Mt. Alexander Rd, Moonee Ponds   <u>Enter through Stage Door at back of theatre on Pascoe Vale Rd</u>
Sign-In: 10:00am	n   <b>Sign-Out:</b> 12:45pm
What to wear:	Girls - please arrive wearing skin tone underwear, Tan Tights <u>underneath</u> Ballet Tights, Leotard and street shoes. Boys – please arrive wear skin tone underwear, white boys leotard, black leggings, white socks and street shoes. Please don't wear your dance shoes on the street! A dressing gown or jacket can be worn over to keep warm.
Hair:	Hair must be in a neat high bun with lots of pins and hair gel to stay in place. No flyaway hairs. Boys hair must be neatly styled with gel. Makeup is not required for rehearsal.
What to Pack:	Ballet Shoes       Healthy Dry Snacks       Hairbrush         Jazz Shoes       Drink Bottle (Water Only)       Hair Gel         Black socks (Boys)       Bun Kit (Includes Hair tie to match hair colour, Bun Nets, U-Pins & Bobby Pins)
	CONCERT DETAILS: Sunday 22 <sup>nd</sup> October 2023
Clocktower Cent	re – 750 Mt. Alexander Rd, Moonee Ponds   <u>Enter through Stage Door at back of theatre on Pascoe Vale Rd</u>
Sign-In:	4:45pmSign-Out:After Concert in the foyer. Tiny Tots will perform in the finale and be released first.All performers will sign-in at 4:45pm for the concert and rehearse the finale on stage before the show begins.The doors usually open for audience members to enter just after 6pm.
What to wear:	Please arrive wearing skin tone underwear, Tan Tights <u>underneath</u> Ballet Tights, Leotard and street shoes. Black Dance Shorts & White MAPA T-shirt to be worn over the top. <u>All students wear this on stage for the Finale.</u> A dressing gown or warm jacket can be worn over to keep warm. Please don't wear your dance shoes on the street!
Hair & Make-up:	Hair must be in a neat high bun with lots of pins and hair gel to stay in place. No flyaway hairs. Boys hair must be neatly styled with gel. Makeup must be done as it was for Photo Day. Please see attached make-up instructions.
Checklist:	<ul> <li>Skin Tone Underwear</li> <li>Ballet Tights (Girls)   White Socks (Boys)</li> <li>Leotard</li> <li>Black Shorts (Girls)   Leggings (Boys)</li> <li>White MAPA T-Shirt for Finale</li> <li>Ballet Shoes</li> <li>Healthy Dry Snacks</li> <li>Hairbrush</li> <li>Jazz Shoes</li> <li>Drink Bottle (Water Only)</li> <li>Hair Gel</li> <li>Bun Kit (Includes Hair tie to match hair colour, Bun Nets, U-Pins &amp; Bobby Pins)</li> <li>Make-Up Kit (Includes Matte Foundation or Translucent Powder, Blush, Mascara, Brown &amp; White Eyeshadows and Lipstick)</li> <li>Activities to do - eg. Quiet Games, Colouring Book (pencils only!), Books to read.</li> </ul>

## PLEASE LABEL EVERYTHING CLEARLY!!!

Melbourne Academy of Performing Arts

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# HAIR & MAKE-UP INSTRUCTIONS

### HAIR

#### High Ponytail (Jazz)

On very damp hair thoroughly apply a thick gel to the roots to slick the hair and make it workable. After applying gel and with hair still damp, brush back and up and secure with a strong hair elastic (or two) into a ponytail at the back crown of the head so that you can see the top of the ponytail when looking directly at the dancer from front on.

### High Ballet Bun (Ballet)

First secure hair in a ponytail as described above. Then, depending upon the length of the hair, twist hair and begin wrapping in a circle around the elastic. Apply a bun net and ensure all hair is trapped inside the net. Wrap the excess bun net underneath the bun to conceal it. Use your fingers to then squish and blend the hair out to create a large flat circular bun. Press the bun against the head and begin to secure first with U-pins and then bobby pins until there are no loose or unsecured areas of the bun. You may need more bobby pins to secure any loose strands of hair such as above ears or at the nape of the neck. Then, apply more gel and/or hairspray to keep everything in place.

### MAKE-UP

We understand some parents have concerns about applying makeup to their young children. It is important to recognise that stage lights are exceptionally bright and will wash out all facial features if no makeup is applied. Stage makeup serves to counteract the reflective glare on the skin and to accentuate the facial features and expressions of our dancers, ensuring their visibility to the audience.

Step 1: Foundation Apply a matte finish foundation or translucent powder to the entire face and blend down neck.

**Step 2: Eyebrows** Fill in the brows using eyeshadow or brow pencil. This step is very important for blonds and those without light coloured brows. Use a colour that is a shade darker than the natural brows.

**Step 3a: Eyeshadow (upper lid)** Apply a medium brown eyeshadow to the eyelid, darkest at the lash line and fade it out as you reach the crease. Apply a white shimmer shadow to the brow bone to highlight and blend. Optional: Use an angular liner brush to apply black shadow/eyeliner along the top lash line ONLY.

**Step 3b: Eyeshadow (lower lid)** Using a thin eyeliner brush, sweep a line of medium brown eyeshadow from the outside corner of the eye and in towards the middle of the lower lashes. This will make the eyes look bigger on stage. Blend so as not to have a harsh line. Stay away from dark colours under the eyes, to ensure you have a softer look.

**Step 4: Mascara** Have your dancer sit up very straight and look down with their eyes (head stays lifted). Gently lift their eyelid with one finger. Have them blink a few times to practice before mascara wand is used. Keep wand parallel to lash line and sweep colour though lashes starting at the base. Remind dancer to blink so that eyes don't water. Only apply mascara to top lashes. Make sure you use a water-resistant, sensitive eyes formula black mascara. Avoid waterproof mascaras as they are very harsh to remove from young, sensitive eyes.

**Step 5: Blush** Place blush brush at hairline just below cheekbone and sweep UNDER cheekbone. Make sure to use a small enough blush brush on her tiny cheeks so that blush line does not go lower than the lip line. Otherwise, your little dancer will look like they've got a sunburn! Blend. Blend. Blend. Oh yes, and please, no "apples of the cheeks" clown blush.

**Step 6: Lipstick** Finish off with lipstick shade "Red Shine" by Hemp Organics or a similar colour that you already own. A lipliner pencil is optional but can be used to colour in the lips first which will help lipstick stay on for longer.