

## IT'S CONCERT WEEK AT MAPA!!!

### INFORMATION for all Tuesday & Wednesday Senior Classes

I'm sure we are all excited to see our dancers shine on stage! To ensure a smooth and enjoyable experience for everyone, we have put together a detailed guide with all the information you need for this week. Please read the following carefully and don't hesitate to reach out if you have any questions or need assistance. Please note if you require any tights, Bun Kits or a MAPA T-shirts, they will be available for purchase at the Theatre when you sign-in for rehearsals.

Please note that due to the rehearsals at the theatre this week, **the studio will be closed from Wed 18<sup>th</sup> October** and will reopen on Monday 23<sup>rd</sup> October. If you need to contact us, please send an email to [admin@mapa.com.au](mailto:admin@mapa.com.au). All classes, including vocals, acrobatics and RAD Ballet will not run from Wed – Sat. Students in the Accelerate Program will still attend the studio on Friday from 4:30 – 6:30pm.

### REHEARSAL DETAILS

**Clocktower Centre – 750 Mt. Alexander Rd, Moonee Ponds** | **Enter through Stage Door at back of theatre on Pascoe Vale Rd**

#### SENIOR REHEARSAL TIMES – Wed 18<sup>th</sup> & Sun 22<sup>nd</sup> October

CLASSES REHEARSING	REHEARSAL DAYS	SIGN-IN	SIGN-OUT
Tuesday Seniors – 4:30pm Jazz, 6:00pm Ballet, 7:30pm Contemporary	Wed 18 <sup>th</sup> October	<b>4:30 pm</b>	<b>7:30 pm</b>
	Sun 22 <sup>nd</sup> October	<b>1:00 pm</b>	<b>4:15 pm</b>
Wednesday Seniors – 5:30pm Hip Hop	Wed 18 <sup>th</sup> October	<b>6:45 pm</b>	<b>8:15 pm</b>
	Sun 22 <sup>nd</sup> October	<b>3:45 pm</b>	<b>After concert</b>

### REHEARSAL CHECKLIST

- All Classes:**
- MAPA T-shirt
  - Hairbrush
  - Healthy Snacks
  - Black Shorts
  - Hair Gel
  - Drink Bottle (Water Only)
  - Skin-Tone Bodystocking and/or Underwear, crop/bra
  - Hair elastics to match hair colour

*All students performing require the items listed above **PLUS** their class specific items listed below*

- Ballet:**
- Ballet Shoes (Canvas)
  - Navy Leggings (Boys)
  - Leotard (Girls)
  - Bun Kit (*Includes Hair tie to match hair colour, Bun Nets, U-Pins & Bobby Pins*)
  - Ballet Tights (Girls) / White Socks (Boys)
- Jazz:**
- Jazz Shoes
  - Leotard (Girls)
  - "Fiesta" Tan Tights (Girls) / Black Socks (Boys)
- Tap:**
- Tap Shoes
  - Leotard (Girls)
  - "Fiesta" Tan Tights (Girls) / Black Socks (Boys)
- Contemporary:**
- Foot thongs (optional)
  - Bun Kit (*Includes Hair tie to match hair colour, Bun Nets, U-Pins & Bobby Pins*)
  - Leotard (Girls)
  - "Energetiks" Salmon Pink Footless Tights (Girls)
- Hip Hop:**
- White Hi-Top Sneakers
  - White Socks

### Which order will classes be rehearsing in each day?

At each rehearsal, students must sign-in backstage, head to their dressing room and get changed into their first costume. Once ready, Clocktower require all students to do an OH&S Safety Induction as a group before they are allowed on stage to rehearse. So please don't be late or we cannot begin! Once complete, classes will rehearse in the following order each day:

- Wed 18<sup>th</sup> October (Seniors):**
1. Ballet (Ms Donna)
  2. Contemporary (Ms Billie)
  3. Jazz (Ms Billie)
  4. Hip Hop (Mr Taylor)
- Sun 22<sup>nd</sup> October (Seniors):**
1. Ballet (Ms Donna)
  2. Contemporary (Ms Billie)
  3. Jazz (Ms Billie)
  4. Hip Hop (Mr Taylor)

## What to wear to rehearsals on each day?

Arrive to all rehearsals wearing bodystocking, tights (if applicable – see order of rehearsals), leotard (if applicable), black shorts & White MAPA T-shirt. A Dressing Gown or jacket can be worn over the top to keep warm.

**Hair & Make-Up:** Make-Up is not required for rehearsals. Hair must be done neatly and securely with hair gel and no flyaway hairs. If you are in multiple classes requiring different hairstyles on a particular day, please arrive with the required hairstyle for the first class you will be rehearsing and ensure all hair/bun kit items are in your bag.

## CONCERT DETAILS: Sunday 22nd October 2023

**Clocktower Centre – 750 Mt. Alexander Rd, Moonee Ponds | Enter through Stage Door at back of theatre on Pascoe Vale Rd**

**Sign-In:** 4:45pm (Unless already there) | **Sign-Out:** After Concert in the foyer  
All performers must sign-in at 4:45pm for the concert and rehearse the finale on stage before the show begins. The doors will open for audience members to enter just after 6pm.

**What to wear:** Please arrive wearing skin tone bodystocking, leotard (if applicable), Black shorts & White MAPA T-shirt with all tights in bag. **All students wear their White MAPA T-shirt and black shorts on stage for the Finale (please don't forget these items!)** A dressing gown or jacket can be worn over to keep warm. Please don't wear your dance shoes on the street. NO coloured nail polish.

**Hair & Make-up:** Please arrive with hair and make-up done.

## CONCERT CHECKLIST

**All Classes:**

<input type="checkbox"/> MAPA T-shirt	<input type="checkbox"/> Black Shorts	<input type="checkbox"/> Skin-Tone Bodystocking / Underwear, crop/bra
<input type="checkbox"/> Hairbrush	<input type="checkbox"/> Hair Gel	<input type="checkbox"/> Hair elastics to match hair colour
<input type="checkbox"/> Healthy Snacks	<input type="checkbox"/> Drink Bottle	
<input type="checkbox"/> Make-Up Kit ( <i>Matte Foundation, Blush, Brow pencil, Eyeliner, Mascara, Brown &amp; White Eyeshadows, lashes, Lipstick</i> )		

**All students performing require the items listed above PLUS their class specific items listed below**

**Ballet:**

<input type="checkbox"/> Ballet Shoes (Canvas)	<input type="checkbox"/> Skin-Tone Bodystocking	<input type="checkbox"/> Theatrical Pink Ballet Tights
<input type="checkbox"/> Bun Kit		

**Jazz:**

<input type="checkbox"/> Black Jazz Shoes	<input type="checkbox"/> Black Fishnets	<input type="checkbox"/> Skin-Tone Bodystocking
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**Contemporary:**

<input type="checkbox"/> Skin-tone Underwear	<input type="checkbox"/> Skin-Tone Crop/Bra	<input type="checkbox"/> Bun Kit
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**Hip Hop:**

<input type="checkbox"/> White Hi-Top Sneakers	<input type="checkbox"/> White Socks	
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**PLEASE LABEL EVERYTHING CLEARLY!!!**

# HAIR & MAKE-UP INSTRUCTIONS

## HAIR

### High Ponytail (Jazz & Hip Hop)

On very damp hair thoroughly apply a thick gel to the roots to slick the hair and make it workable. After applying gel and with hair still damp, brush back and up and secure with a strong hair elastic (or two) into a ponytail at the back crown of the head so that you can see the top of the ponytail when looking in the mirror.

### High Ballet Bun (Ballet & Contemporary)

First secure hair in a ponytail as described above. Then, depending upon the length of the hair, twist hair and begin wrapping in a circle around the elastic. Apply a bun net and ensure all hair is trapped inside the net. Wrap the excess bun net underneath the bun to conceal it. Use your fingers to then squish and blend the hair out to create a large flat circular bun. Press the bun against the head and begin to secure first with U-pins and then bobby pins until there are no loose or unsecured areas of the bun. You may need more bobby pins to secure any loose strands of hair such as above ears or at the nape of the neck. Then, apply more gel and/or hairspray to keep everything in place. Please do NOT USE hair donuts.

## MAKE-UP

Stage makeup serves to counteract the reflective glare on the skin and to accentuate the facial features and expressions on stage, ensuring their visibility to the audience. It is important to recognise that stage lights are exceptionally bright and will wash out all facial features if not enough makeup is applied.

**Step 1: Foundation** Apply a matte finish foundation to the entire face and blend down neck. A translucent/setting powder is also recommended.

**Step 2: Eyebrows** Fill in the brows using eyeshadow or brow pencil. This step is very important for blonds and those without light coloured brows. Use a colour that is a shade darker than the natural brows.

**Step 3a: Eyeshadow (upper lid)** Apply a medium brown eyeshadow to the eyelid, darkest at the lash line and fade it out as you reach the crease. Apply a white shimmer shadow to the brow bone to highlight and blend. Use an angular liner brush to apply black eyeshadow or use an eyeliner pencil along the top lash line ONLY.

**Step 3b: Eyeshadow (lower lid)** Using a thin eyeliner brush, sweep a line of medium brown eyeshadow from the outside corner of the eye and in towards the middle of the lower lashes. This will make the eyes look bigger on stage. Blend so as not to have a harsh line. Stay away from dark colours under the eyes, to ensure you have a softer look.

**Step 4: Mascara & Lashes** Sweep a few coats of mascara though lashes starting at the base. This will help the false lashes to stick to your natural lashes. Finish by applying your false lashes carefully to your upper lash line.

**Step 5: Blush** Place blush brush at hairline just below cheekbone and sweep UNDER cheekbone and over the apples of your cheeks. Make sure blush line does not go lower than the lip line. Otherwise, you will look like you've got a sunburn! Blend. Blend. Blend.

**Step 6: Lipstick** Finish off with lipstick shade "Crimson" by Hemp Organics or a similar colour that you already own. A lipliner pencil is optional but recommended. This can be used to line the lips and then colour in the entire lip first which will help lipstick stay on for longer.

**Please Note:** If you're not confident applying stage makeup, there are MANY great tutorials on YouTube. Just have a search online and practice at home. Like everything, it get's better and easier with practice!

## HAIR & MAKE-UP INSTRUCTIONS - BOYS

Hair should be neatly styled off the face with gel. Makeup is also recommended for Boys. Minimal makeup should be worn to stop the bright lights washing them out. Base foundation or translucent powder to take away shine, light bronzer to highlight the cheekbones and black mascara on the eye lashes.