

Wednesday, 27th August 2025

Photo Week (Inters)

Photo Week is just around the corner! During Photo Week each group performing in our '[Express Yourself](#)' concert will be photographed in their costumes to be featured in our Concert Program. This photoshoot will take place on the same days as your regular classes, during the week of:

Monday 8th – Saturday 13th September.

Inter Ballet Classes will run as usual during Photo Week, but without Photos. Ballet Photos will take place during Term 4 closer to the 'Alice In The West' Ballet Production in December. **Please Note:** *There will be no RAD Ballet Examination classes running during Photo Week. There will also be no Jazz Technique – Turns, Kicks & Leaps class running on Monday 8th September.*

During Photo Week you may be required to arrive a little earlier and/or pick-up a little later than usual to ensure we have enough time to Photograph each class, change costumes and have a dress rehearsal for each class in the big studio.

Photo Day gives students, parents and teachers a chance to get prepared for the concert next term and to practice doing the hair and makeup required for concert day. Please check the arrival and pick-up times for each of your class below, along with the checklist of items you will require for each of your classes.

Please arrive with Hair & Make-Up done wearing the uniform requirements on the Photo Day Checklist.

Monday 8th September

CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
MON 6:15 pm Inter BALLET (Miss Donna) – <i>*Class running as usual, without photos</i> <i>Students in Ballet ONLY, came as usual. Students in Ballet and Jazz please come with Hair & Makeup</i>					6:15 pm	7:45 pm
MON	5:00 pm	Inter	JAZZ	Miss Sam	4:30 pm	6:00 pm

Wednesday 10th September

CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
WED	4:15 pm	Inter	CONTEMPORARY	Miss Kalli	4:15 pm	5:45 pm
WED	5:30 pm	Inter	HIP HOP	Miss Cece	5:10 pm	6:45 pm
WED	6:30 pm	Inter	TAP	Miss Indi	6:10 pm	7:30 pm

Thursday 12th September

CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
WED	6:30 pm	Inter	MUSICAL THEATRE	Miss Sam	6:15 pm	8:00 pm

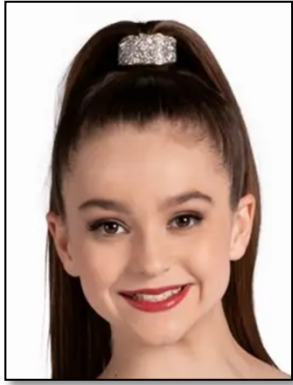
Saturday 13th September

CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
SAT	9:15 am	Inter	JAZZ	Miss Angelica	9:00 am	10:20 am
SAT	10:15 am	Inter	CONTEMPORARY	Miss Angelica	9:50 am	11:00 am
SAT 11:45 am Inter BALLET (Miss Donna) – <i>*Class running as usual, without photos</i> <i>Students in Ballet ONLY, came as usual. Students in Ballet plus other Saturday classes please come with Hair & Makeup</i>					11:45 am	1:15 pm
SAT	1:15 pm	Inter	HIP HOP	Miss Cece	1:00 pm	2:15 pm

Please Note: Acrobatics & Vocals classes will still be running as usual on Saturday 13th September.

STEP BY STEP HAIR INSTRUCTIONS

HIGH PONYTAIL (Jazz, Musical Theatre, Tap & Hip Hop)



STEP 1: Start with Damp Hair (2 days after washing)

Lightly spray the scalp with a spray bottle filled with water to dampen the roots. Hair is generally easier to manage when it hasn't been recently washed.

STEP 2: Apply Gel

Take a generous amount of thick gel and apply it to the roots of the hair. This will help slick the hair down and keep it in place.

STEP 3: Brush Hair Back and Up

While the hair is still wet, use a brush to pull the hair back and up.

STEP 4: Secure the Ponytail

Gather the hair into a ponytail at the crown of the head using strong hair elastics. It is recommended to use two or three hair elastics to (depending on thickness of hair), this will help keep the hair secure while dancing.

STEP 5: Check Visibility

Ensure the top of the ponytail is visible when viewing the dancer at eye level. This helps any hairpieces or accessories stand out on stage (see picture above).

HIGH BALLET BUN (Ballet & Contemporary)

STEP 1: Create a High Ponytail

Follow the same steps as for the high ponytail.

STEP 2: Twist the Hair

Depending on hair length, twist the ponytail and spiral it around the elastic. For fine hair, you can back-comb the ponytail a few times to create more volume, then twist and spiral to create the bun.



STEP 3: Use a Bun Net

Cover the bun with a bun net one or two times, ensuring all hair is tucked inside. Then wrap the excess net in a circle underneath the bun to conceal it.

STEP 4: Shape the Bun

Use your fingers to squish and blend the hair into a large, flat circular shape.

STEP 5: Secure the Bun

Press the bun against the head and use U-pins to secure it first. Follow with bobby pins until all areas are secure. Use additional bobby pins for any loose strands, especially around the ears or nape of the neck.

STEP 6: Finish with Gel or Hairspray

Apply more gel or hairspray to keep everything in place.

Note: Please do NOT use hair donuts. A Classical Ballet bun should be quite flat and not stick out too much.

STEP BY STEP MAKE-UP INSTRUCTIONS

Stage makeup is essential for enhancing facial features and expressions under bright stage lights, ensuring visibility for the audience. Keep in mind that standard makeup may get washed out, so a more pronounced application is necessary. Here's a simple guide for parents to help apply dance stage makeup.

STEP 1: Prepare the Face

- Start with a clean and moisturized face. We also recommend the 'Milk' brand Matte Primer to help makeup last longer.
- Apply a matte finish foundation that is slightly darker than the dancer's skin-tone, to counteract stage lights. Blend evenly.
- Use concealer to cover any blemishes or under-eye circles, blending well.

STEP 2: Set the Makeup

- Lightly dust translucent setting powder over the foundation and concealer to reduce shine.

STEP 3: Apply Blush

- Choose a natural-looking blush and apply it to the apples of the cheeks, blending outward towards the temples.

STEP 4: Eyeshadow Application

- **Base Colour:** Apply a light neutral shadow (such as Ivory or beige) to the entire eyelid and up to the brow bone to create a base.
- **Transition Colour:** With a fluffy brush, apply a medium shade (such as tan or light brown) into the crease to create depth.
- **Defining Colour:** Use a darker brown eyeshadow to define the outer corner of the eye and the crease, blending well for a smooth look.
- **Highlight Colour:** Apply a light shadow (such as ivory or white) to the inner corner of the eye and just under the brow bone to brighten the eyes. A shimmery white or champagne shadow can be applied to the inner corner of the eye.
- **Shimmer/Metallics (optional):** For extra sparkle, apply a light shimmer/metallic eyeshadow (such as champagne or gold) to the centre of the eyelid for a touch of shimmer and blend. Avoid dark metallic shades.



Step 5: Eyeliner

- Apply black eyeliner along the upper lash line for definition. A slight wing can be added to extend the eye.

Step 6: Mascara

- Apply several coats of waterproof mascara to both the upper and lower lashes to enhance the eyes.

Step 7: Lips

Line the lips first for a more defined shape, then apply a deep red/burgundy long-lasting lipstick, ensuring even coverage.

Step 8: Final Touches

- Check the overall look in natural light if possible and make any necessary adjustments.
- Ensure all makeup is set and looks vibrant, as stage lights can wash out colours.

Makeup Removal: After the concert, use a gentle makeup remover to thoroughly clean the face. If you don't have makeup remover, coconut oil can also be used.



INTER PHOTO DAY CHECKLIST (GIRLS)

Intermediate JAZZ (Monday 5pm class with Miss Sam) & Thu MUSICAL THEATRE

- ☐ "Energetiks" Cleo Camisole Leotard (Navy)
- ☐ "Fiesta" Skin-Tone / Tan Tights
- ☐ Skin-tone body stocking
- ☐ Tan Jazz Shoes Slip On (NO shoelaces)



Intermediate JAZZ (Saturday 9:15am class with Miss Angelica)

- ☐ "Energetiks" Cleo Camisole Leotard (Navy)
- ☐ "Fiesta" Skin-Tone / Tan Tights OR Tan Socks
- ☐ Skin tone seamless underwear
- ☐ Skin tone bra/crop (clear straps)
- ☐ Tan Jazz Shoes Slip On (NO shoelaces)



Intermediate CONTEMPORARY

- ☐ Skin Tone body stocking
- ☐ 'Energetiks' Salmon Pink Footless Tights (Sat class ONLY)



Intermediate TAP

- ☐ Skin Tone body stocking
- ☐ "Fiesta" Skin-Tone / Tan Tights
- ☐ Tan Tap Shoes



Intermediate Hip Hop

- ☐ Skin tone Body stocking OR ↴
- ☐ Skin tone seamless underwear
- ☐ Skin tone bra/crop (clear straps)
- ☐ White Socks
- ☐ Clean White High Top Sneakers
Available @ [City Beach](#) \$49.99
Also available @ Target 'Kids sizes' \$30



INTER PHOTO DAY CHECKLIST (BOYS)

JAZZ & MUSICAL THEATRE (Boys)

- ☐ Black Briefs
- ☐ Black socks
- ☐ Black Jazz Shoes



CONTEMPORARY (Boys)

- ☐ White Briefs



TAP (Boys)

- ☐ White Briefs
- ☐ Black socks
- ☐ Black Tap Shoes



HIP HOP (Boys)

- ☐ Black Briefs
- ☐ White Socks
- ☐ Clean White High-Top Sneakers
Available @ [City Beach](#) \$49.99



PHOTO DAY CHECKLIST (Inters)

HAIR KIT ITEMS

MAPA Bun Kits are available at Reception for \$16. Packs of Hair ties, pins and bun nets are also available for \$3 each.

Choose from Blonde, Brown or Black.

Includes 3 hair ties + 10 bobby pins + 10 U-Pins + 2 Bun Nets inside a pink MAPA Embossed Tin.

- ☐ Hairspray and/or Hair Gel
- ☐ Hairbrush
- ☐ Hair Ties (*to match hair colour*)
- ☐ 10 or more Bobby Pins
- ☐ 10 or more U-Pins (*BALLET & CONTEMPORARY*)
- ☐ 2 x Bun Nets (*BALLET & CONTEMPORARY*)



MAKE-UP KIT ITEMS

RECOMMENDED BRAND/ITEMS:

We recommend "Eco Minerals" or "Inika" brand of make-up. They are cruelty free, vegan, 100% pure, safe & natural cosmetics. Mums, you will love this makeup also! Lipsticks are available at MAPA Reception.

- ☐ Mineral Foundation or Translucent Powder
- ☐ Blush (pink or peach)
- ☐ Eye Shadows (White & Medium Brown)
- ☐ Eyebrow pencil or powder
- ☐ Black Mascara
- ☐ Eyeliner (optional)
- ☐ Lipstick 'Crimson' by Hemp Organics
- ☐ Baby wipes



MISCELLANEOUS ITEMS

- ☐ Dressing Gown/Robe (can be worn over costumes to keep warm)
- ☐ Water Bottle (water only)
- ☐ Dry Snacks (nothing that may stain costumes)

