

Wednesday 27th August 2025

Photo Week (Juniors)

Photo Week is just around the corner! During Photo Week each group performing in our '[Express Yourself](#)' concert will be photographed in their costumes to be featured in our Concert Program. This photoshoot will take place on the same days as your regular classes, during the week of:

Monday 8th – Saturday 13th September.

Junior Ballet Classes will run as usual during Photo Week, but without Photos. Ballet Photos will take place during Term 4 closer to the 'Alice In The West' Ballet Production in December. **Please Note:** *There will be no RAD Ballet Examination classes running during Photo Week. There will also be no Jazz Technique – Turns, Kicks & Leaps class running on Monday 8th September.*

During Photo Week you may be required to arrive a little earlier and/or pick-up a little later than usual to ensure we have enough time to Photograph each class, change costumes and have a dress rehearsal for each class in the big studio.

Photo Day gives students, parents and teachers a chance to get prepared for the concert next term and to practice doing the hair and makeup required for concert day. Please check the arrival and pick-up times for each of your class below, along with the checklist of items you will require for each of your classes.

Please arrive with Hair & Make-Up done wearing the uniform requirements on the Photo Day Checklist.

Monday 8 th September						
CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
MON	4:00 pm	Junior	HIP HOP	Miss Sam	4:00 pm	5:20 pm
MON 5:00 pm Junior BALLET (Miss Donna) – <i>*Class running as usual, without photos</i> <i>Students in Ballet ONLY, came as usual. Students in Ballet who also take Jazz and/or Hip Hop come with Hair & Makeup</i>					5:00 pm	6:15 pm
MON	6:15 pm	Junior	JAZZ	Miss Sam	6:00 pm	7:15 pm

Wednesday 10 th September						
CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
WED	4:15 pm	Junior	TAP	Miss Indi	4:00 pm	5:30 pm
WED	5:30 pm	Junior	CONTEMPORARY	Miss Kalli	5:00 pm	6:20 pm
WED	6:30 pm	Junior	HIP HOP	Miss Cece	5:50 pm	7:15 pm

Thursday 11 th September						
CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
THU 4:15 pm Junior BALLET (Miss Donna) – <i>*Class running as usual, without photos</i> <i>Students in Ballet ONLY, came as usual. Students in Ballet who also take Jazz come with Hair & Makeup for class.</i>					4:15 pm	5:30 pm
THU	5:30 pm	Junior	JAZZ	Miss Sam	5:15 pm	6:30 pm
THU	6:30 pm	Junior/Inter	MUSICAL THEATRE	Miss Sam	6:15 pm	8:00 pm

Saturday 13 th September						
CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
SAT	11:15 am	Junior	HIP HOP	Miss Cece	11:00 am	12:15 pm
SAT	12:15 pm	Junior	TAP	Miss Jade	12:00 am	1:10 pm
SAT 1:15 pm Junior BALLET (Miss Donna) – <i>*Class running as usual, without photos</i> <i>Students in Ballet ONLY, came as usual. Students in Ballet plus other Saturday classes please come with Hair & Makeup.</i>					1:15 pm	2:30 pm
SAT	2:30 pm	Junior	JAZZ	Miss Angelica	2:30 pm	3:40 pm
SAT	3:45 pm	Junior	CONTEMPORARY	Miss Angelica	3:10 pm	4:15 pm

Please Note: Acrobatics & Vocals classes will still be running as usual on Saturday 13th September.

JUNIOR PHOTO DAY CHECKLIST

Dancers should already have most items for class. The only uniform items you should need to purchase for Photo Day are tights and the skin-tone bodystocking. Tights can be purchased through Reception and bodystockings can be purchased through Dancewear Nation, Energetiks or Bloch. If you are having trouble finding anything, please speak with one of our staff.

JAZZ & MUSICAL THEATRE

- ☐ Skin Tone body stocking
- ☐ "Fiesta" Skin-Tone / Tan Tights
- ☐ Tan Jazz Shoes Slip On (NO shoelaces)



TAP

- ☐ Skin Tone body stocking
- ☐ "Fiesta" Skin-Tone / Tan Tights
- ☐ Tan Tap Shoes



CONTEMPORARY

- ☐ Skin Tone body stocking
- ☐ "Energetiks" Salmon Pink Footless Tights



HIP HOP

- ☐ Skin Tone body stocking
- ☐ White Crew Socks
- ☐ White High-Top Sneakers
Available @ Spendless shoes 'HEAT by 8 Mile' \$30
Also available @ Target \$30



JUNIOR PHOTO DAY CHECKLIST (BOYS)

JAZZ & MUSICAL THEATRE (Boys)

- ☐ Official MAPA Studio T-Shirt
- ☐ Black shorts
- ☐ White Briefs
- ☐ Black socks
- ☐ Black Jazz Shoes



CONTEMPORARY (Boys)

- ☐ Official MAPA Studio T-Shirt
- ☐ Black shorts
- ☐ White Briefs



TAP (Boys)

- ☐ Official MAPA Studio T-Shirt
- ☐ Black shorts
- ☐ White Briefs
- ☐ Black socks
- ☐ Black Tap Shoes



HIP HOP (Boys)

- ☐ Official MAPA Studio T-Shirt
- ☐ Black shorts or trackpants
- ☐ White Briefs
- ☐ White Socks
- ☐ Clean White High-Top Sneakers



PHOTO DAY CHECKLIST (Juniors)

A reminder to please LABEL EVERYTHING (with full name)!

CHECKLIST - HAIR KIT ITEMS

MAPA Bun Kits are available at Reception in *Blonde, Brown or Black*. Includes 3 hair ties + 10 bobby pins + 10 U-Pins + 2 Bun Nets inside a pink MAPA Tin. Refill packs of Hair ties, pins and bun nets are also available at Reception for \$3 each.

- ☐ Hairspray and/or Hair Gel
- ☐ Small spray bottle
- ☐ Hairbrush
- ☐ Hair Ties (*to match hair colour*)
- ☐ 15 or more Bobby Pins
- ☐ 15 or more U-Pins (*BALLET & CONTEMPORARY*)
- ☐ 3 x Bun Nets (*BALLET & CONTEMPORARY*)



MAKE-UP KIT ITEMS

RECOMMENDED BRAND/ITEMS:

If you're looking for a cruelty free, vegan, 100% natural cosmetic brand, then we recommend "Eco Minerals" or "Inika" Organic make-up. They are however more expensive than your regular chemist or Priceline brands.

- ☐ Moisturizer & Matte Primer (optional)
- ☐ Matte Foundation and concealer
- ☐ Translucent setting powder
- ☐ Blush (pink or peach)
- ☐ Eye Shadows (Ivory/Biege, Tan, Brown, etc)
Optional: Shimmer (champagne or gold)
- ☐ Eyebrow pencil or powder
- ☐ Eyeliner
- ☐ Black Mascara
- ☐ Lipstick 'Crimson' by Hemp Organics
Or 'Diva' by MAC (or similar shade)
- ☐ Makeup Brushes to apply
- ☐ Baby wipes or makeup remover



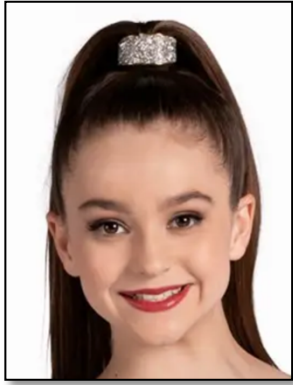
MISCELLANEOUS ITEMS

- ☐ Dressing Gown/Robe (can be worn over costumes to keep warm)
- ☐ Water Bottle (water only)
- ☐ Dry Snacks (nothing that may stain costumes)
- ☐ Deodorant (if applicable)



STEP BY STEP HAIR INSTRUCTIONS

HIGH PONYTAIL (Jazz, Musical Theatre, Tap & Hip Hop)



STEP 1: Start with Damp Hair (2-3 days after washing)

Lightly spray the scalp with a spray bottle filled with water to dampen the roots. Hair is generally easier to manage when it hasn't been recently washed.

STEP 2: Apply Gel

Take a generous amount of thick gel and apply it to the roots of the hair. This will help slick the hair down and keep it in place.

STEP 3: Brush Hair Back and Up

While the hair is still wet, use a brush to pull the hair back and up.

STEP 4: Secure the Ponytail

Gather the hair into a ponytail at the crown of the head using strong hair elastics. It is recommended to use two or three hair elastics to (depending on thickness of hair), this will help keep the hair secure while dancing.

STEP 5: Check Visibility

Ensure the top of the ponytail is visible when viewing the dancer at eye level. This helps any hairpieces or accessories stand out on stage (see picture above).

HIGH BALLET BUN (Ballet & Contemporary)

STEP 1: Create a High Ponytail

Follow the same steps as for the high ponytail.

STEP 2: Twist the Hair

Depending on hair length, twist the ponytail and spiral it around the elastic. For fine hair, you can back-comb the ponytail a few times to create more volume, then twist and spiral to create the bun.



STEP 3: Use a Bun Net

Cover the bun with a bun net one or two times, ensuring all hair is tucked inside. Then wrap the excess net in a circle underneath the bun to conceal it.

STEP 4: Shape the Bun

Use your fingers to squish and blend the hair into a large, flat circular shape.

STEP 5: Secure the Bun

Press the bun against the head and use U-pins to secure it first. Follow with bobby pins until all areas are secure. Use additional bobby pins for any loose strands, especially around the ears or nape of the neck.

STEP 6: Finish with Gel or Hairspray

Apply more gel or hairspray to keep everything in place.

Note: Please do NOT use hair donuts. A Classical Ballet bun should be quite flat and not stick out too much.

STEP BY STEP MAKE-UP INSTRUCTIONS

Stage makeup is essential for enhancing facial features and expressions under bright stage lights, ensuring visibility for the audience. Keep in mind that standard makeup may get washed out, so a more pronounced application is necessary. Here's a simple guide for parents to help apply dance stage makeup.

STEP 1: Prepare the Face

- Start with a clean and moisturized face. We also recommend the 'Milk' brand Matte Primer to help makeup last longer.
- Apply a matte finish foundation that is slightly darker than the dancer's skin-tone, to counteract stage lights. Blend evenly.
- Use concealer to cover any blemishes or under-eye circles, blending well.

STEP 2: Set the Makeup

- Lightly dust translucent setting powder over the foundation and concealer to reduce shine.

STEP 3: Apply Blush

- Choose a natural-looking blush and apply it to the apples of the cheeks, blending outward towards the temples.

STEP 4: Eyeshadow Application

- **Base Colour:** Apply a light neutral shadow (such as Ivory or beige) to the entire eyelid and up to the brow bone to create a base.
- **Transition Colour:** With a fluffy brush, apply a medium shade (such as tan or light brown) into the crease to create depth.
- **Defining Colour:** Use a darker brown eyeshadow to define the outer corner of the eye and the crease, blending well for a smooth look.
- **Highlight Colour:** Apply a light shadow (such as ivory or white) to the inner corner of the eye and just under the brow bone to brighten the eyes. A shimmery white or champagne shadow can be applied to the inner corner of the eye.
- **Shimmer/Metallics (optional):** For extra sparkle, apply a light shimmer/metallic eyeshadow (such as champagne or gold) to the centre of the eyelid for a touch of shimmer and blend. Avoid dark metallic shades.



Step 5: Eyeliner

- Apply black eyeliner along the upper lash line for definition. A slight wing can be added to extend the eye.

Step 6: Mascara

- Apply several coats of waterproof mascara to both the upper and lower lashes to enhance the eyes.

Step 7: Lips

Line the lips first for a more defined shape, then apply a deep red/burgundy long-lasting lipstick, ensuring even coverage.

Step 8: Final Touches

- Check the overall look in natural light if possible and make any necessary adjustments.
- Ensure all makeup is set and looks vibrant, as stage lights can wash out colours.

Makeup Removal: After the concert, use a gentle makeup remover to thoroughly clean the face. If you don't have makeup remover, coconut oil can also be used.

