

Wednesday, 27<sup>th</sup> August 2025

## Photo Week (Seniors)

Photo Week is just around the corner! During Photo Week each group performing in our '[Express Yourself](#)' concert will be photographed in their costumes to be featured in our Concert Program. This photoshoot will take place on the same days they attend their regular classes, during the week of: **Monday 8th – Saturday 13th September.**

During Photo Week you may be required to arrive a little earlier and/or pick-up a little later than usual to ensure we have enough time to Photograph each class, change costumes and have a quick dress rehearsal in the big studio.

Photo Day gives students, parents and teachers a chance to get prepared for the concert next term and to practice doing the hair and makeup required for concert day. Please check the arrival and pick-up times for your class below, along with the checklist of items you will require for each of your classes.

**Please arrive with Hair & Make-Up done** wearing the uniform requirements on the Photo Day Checklist.

Tuesday 9th September						
CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
TUE	4:30 pm	Senior/Industry	BALLET (Advanced)	Miss Sharlene	4:00 pm	6:00 pm
TUE	4:30 pm	Senior	JAZZ	Miss Emily	4:15 pm	6:00 pm
TUE	6:00 pm	Senior/Industry	JAZZ (Advanced)	Miss Emily	5:30 pm	7:30 pm
TUE 6:00 pm Senior BALLET (Miss Sharlene) – <i>*Class running as usual, without photos</i> <i>Students in Ballet ONLY, came as usual. Students in Ballet who also take Jazz and/or Contemporary arrive with Hair &amp; Makeup.</i>					6:00 pm	7:30 pm
TUE	7:30 pm	Senior	CONTEMPORARY	Miss Emily	7:15 pm	8:30 pm

Wednesday 10th September						
CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
WED	5:30 pm	Inter/Senior	TAP	Miss Indi	6:10 pm	7:30 pm
WED	7:30 pm	Senior	HIP HOP	Miss Cece	7:10 pm	8:30 pm

**Please Note:** There will be NO Pointe or RAD Ballet Examination classes running on Wednesday 10<sup>th</sup> September

Thursday 11th September						
CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
THU	N/A	Senior/Industry	To be discussed	N/A	4:00 pm	8:30 pm

**Please Note:** Students will take Photos from 4:30 – 5:30pm with minimal/natural makeup. They will then have their regular rehearsals for 'One Short Day (from Wicked)' with Miss Carmelina until 8:30pm.

Saturday 13th September						
CLASS DAY	CLASS TIME	LEVEL	STYLE	TEACHER	ARRIVAL	PICK-UP
SAT	N/A	Senior/Industry	To be discussed	N/A	9:30 am	4:30 pm
SAT	12:15 pm	Senior/Industry	Hip Hop (Advanced)	Miss Cece	11:45 am	1:00 pm

**Please Note:** Senior/Industry Students will take photos throughout the day between 9:30am - 2:30pm, in between they will also assist with younger students and classes. Acro and Vocals classes will run as usual from 2:30 - 4:30pm.

## SENIOR PHOTO WEEK CHECKLIST (GIRLS)

### Tuesday Senior JAZZ

- ☐ Skin tone bodystocking OR ↴
- ☐ Skin tone seamless underwear  
Skin tone bra/crop (clear straps)
- ☐ Black Knee High Socks  
Available @ Kmart \$3
- ☐ Black Jazz Shoes Slip On



### Senior/Industry JAZZ (Advanced)

- ☐ Skin tone bra/crop (clear straps)
- ☐ Skin tone seamless underwear
- ☐ 'Bloch' Performance Mesh Footed Tights (Black)  
Available @ MAPA Reception \$49.95
- ☐ 'Energetiks' Prima T-Bar Stage Shoe 3" Heel  
OR 'Bloch' Splitflex 2 1/2" Heel (Black)



*\*Please bring Tan Fishnets and Chorus Heels if you have them for other styled photos.*

### Tuesday Senior BALLET (Advanced)

- ☐ Own Leotard style (Black)
- ☐ "Fiesta" Theatrical Pink Tights
- ☐ Own Ballet accessories (eg. Legwarmers, skirts, shrugs, etc)
- ☐ Pink Ballet Shoes (*Canvas ONLY*)
- ☐ Pointe Shoes (*if applicable*)



### Tuesday Senior CONTEMPORARY

- ☐ Skin tone bodystocking OR ↴
- ☐ Skin tone seamless underwear  
Skin tone bra/crop (clear straps)
- ☐ 6 Pack Sheer to Waist Pantyhose  
Available @ Kmart \$5.50



### Tuesday Inter/Senior TAP

- ☐ Skin tone seamless underwear
- ☐ "Fiesta" Skin-Tone / Tan Tights
- ☐ Tan Tap Shoes



### Wednesday Senior Hip Hop

- ☐ Skin tone bra/crop (clear straps)
- ☐ Skin tone seamless underwear
- ☐ White crew Socks
- ☐ Clean White High Top Sneakers



## SENIOR PHOTO WEEK CHECKLIST (continued)

### HIP HOP (Boys)

- ☐ Black Briefs
- ☐ White Socks
- ☐ Clean White High-Top Sneakers  
Available @ [City Beach](#) \$49.99



### CHECKLIST - HAIR KIT ITEMS

**MAPA Bun Kits** are available at Reception in *Blonde, Brown or Black*. Includes 3 hair ties + 10 bobby pins + 10 U-Pins + 2 Bun Nets inside a pink MAPA Tin. Refill packs of Hair ties, pins and bun nets are also available at Reception for \$3 each.

- ☐ Hairspray and/or Hair Gel
- ☐ Small spray bottle
- ☐ Hairbrush
- ☐ Hair Ties (*to match hair colour*)
- ☐ 15 or more Bobby Pins
- ☐ 15 or more U-Pins (*BALLET & CONTEMPORARY*)
- ☐ 3 x Bun Nets (*BALLET & CONTEMPORARY*)



### MAKE-UP KIT ITEMS

#### RECOMMENDED BRAND/ITEMS:

If you're looking for a cruelty free, vegan, 100% natural cosmetic brand, then we recommend "Eco Minerals" or "Inika" Organic make-up. They are however more expensive than your regular chemist or Priceline brands.

- ☐ Moisturizer & Matte Primer (optional)
- ☐ Matte Foundation and concealer
- ☐ Translucent setting powder
- ☐ Blush (pink or peach)
- ☐ Eye Shadows (Ivory/Biege, Tan, Brown, etc)  
Optional: Shimmer (champagne or gold)
- ☐ Eyebrow pencil or powder
- ☐ Eyeliner
- ☐ Black Mascara
- ☐ Lipstick '**Crimson**' by Hemp Organics  
Or '**Diva**' by MAC (or similar shade)
- ☐ Makeup Brushes to apply
- ☐ Baby wipes or makeup remover



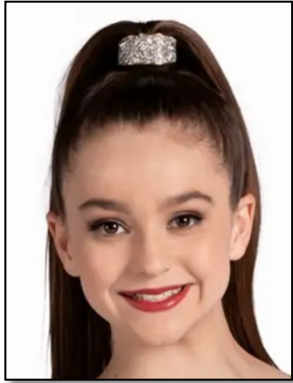
### MISCELLANEOUS ITEMS

- ☐ Dressing Gown/Robe (can be worn over costumes to keep warm)
- ☐ Water Bottle (water only)
- ☐ Dry Snacks (nothing that may stain costumes)
- ☐ Deodorant (if applicable)



# STEP BY STEP HAIR INSTRUCTIONS

## HIGH PONYTAIL (Jazz, Tap & Hip Hop)



### STEP 1: Start with Damp Hair (2-3 days after washing)

Lightly spray the scalp with a spray bottle filled with water to dampen the roots. Hair is generally easier to manage when it hasn't been recently washed.

### STEP 2: Apply Gel

Take a generous amount of thick gel and apply it to the roots of the hair. This will help slick the hair down and keep it in place.

### STEP 3: Brush Hair Back and Up

While the hair is still wet, use a brush to pull the hair back and up.

### STEP 4: Secure the Ponytail

Gather the hair into a ponytail at the crown of the head using strong hair elastics. It is recommended to use two or three hair elastics to (depending on thickness of hair), this will help keep the hair secure while dancing.

### STEP 5: Check Visibility

Ensure the top of the ponytail is visible when viewing the dancer at eye level. This helps any hairpieces or accessories stand out on stage (see picture above).

## HIGH BALLET BUN (Ballet & Contemporary)

### STEP 1: Create a High Ponytail

Follow the same steps as for the high ponytail.

### STEP 2: Twist the Hair

Depending on hair length, twist the ponytail and spiral it around the elastic. For fine hair, you can back-comb the ponytail a few times to create more volume, then twist and spiral to create the bun.



### STEP 3: Use a Bun Net

Cover the bun with a bun net one or two times, ensuring all hair is tucked inside. Then wrap the excess net in a circle underneath the bun to conceal it.

### STEP 4: Shape the Bun

Use your fingers to squish and blend the hair into a large, flat circular shape.

### STEP 5: Secure the Bun

Press the bun against the head and use U-pins to secure it first. Follow with bobby pins until all areas are secure. Use additional bobby pins for any loose strands, especially around the ears or nape of the neck.

### STEP 6: Finish with Gel or Hairspray

Apply more gel or hairspray to keep everything in place.

**Note:** Please do NOT use hair donuts. A Classical Ballet bun should be quite flat and not stick out too much.

# STEP BY STEP MAKE-UP INSTRUCTIONS

Stage makeup is essential for enhancing facial features and expressions under bright stage lights, ensuring visibility for the audience. Keep in mind that standard makeup may get washed out, so a more pronounced application is necessary. Here's a simple guide for parents to help apply dance stage makeup.

## STEP 1: Prepare the Face

- Start with a clean and moisturized face. We also recommend the 'Milk' brand Matte Primer to help makeup last longer.
- Apply a matte finish foundation that is slightly darker than the dancer's skin-tone, to counteract stage lights. Blend evenly.
- Use concealer to cover any blemishes or under-eye circles, blending well.

## STEP 2: Set the Makeup

- Lightly dust translucent setting powder over the foundation and concealer to reduce shine.

## STEP 3: Apply Blush

- Choose a natural-looking blush and apply it to the apples of the cheeks, blending outward towards the temples.

## STEP 4: Eyeshadow Application

- **Base Colour:** Apply a light neutral shadow (such as Ivory or beige) to the entire eyelid and up to the brow bone to create a base.
- **Transition Colour:** With a fluffy brush, apply a medium shade (such as tan or light brown) into the crease to create depth.
- **Defining Colour:** Use a darker brown eyeshadow to define the outer corner of the eye and the crease, blending well for a smooth look.
- **Highlight Colour:** Apply a light shadow (such as ivory or white) to the inner corner of the eye and just under the brow bone to brighten the eyes. A shimmery white or champagne shadow can be applied to the inner corner of the eye.
- **Shimmer/Metallics (optional):** For extra sparkle, apply a light shimmer/metallic eyeshadow (such as champagne or gold) to the centre of the eyelid for a touch of shimmer and blend. Avoid dark metallic shades.



## Step 5: Eyeliner

- Apply black eyeliner along the upper lash line for definition. A slight wing can be added to extend the eye.

## Step 6: Mascara & Lashes

- Apply a few coats of mascara though lashes starting at the base. This will help the false lashes to stick to your natural lashes. Finish by applying your false lashes carefully to your upper lash line.

## Step 7: Lips

- Line the lips first for a more defined shape, then apply a deep red/burgundy long-lasting lipstick, ensuring even coverage.

## Step 8: Final Touches

- Check the overall look in natural light if possible and make any necessary adjustments.
- Ensure all makeup is set and looks vibrant, as stage lights can wash out colours.

**Note:** If you're not confident applying stage makeup, there are MANY great tutorials on YouTube. Have a search online and practice at home. Like everything, it gets better and easier with practice

